

Some people prefer to eat at food stands or restaurants. Other people prefer to prepare and eat food at home. Which do you prefer? Use specific reasons and examples to support your answer.

Eating, as one of the basic needs of human beings, demands lots of efforts of us to be met. Meanwhile, restaurants make it much easier to access foods, I strongly try to stand on my cooking abilities at home ~~due due~~ to the reasons I explained bellow.

First and foremost, there is nothing comparable to health for me which does not come to the restaurants' priority unfortunately. Whatever they seem to be, they are business enterprises ~~s at last~~ after all, so they need to ~~be~~ flourished financially which leads them to attract people by every means possible. Adding harmful components to foods like ostensibly edible colors, overusing some tasty ingredients like salt and sugars and unreliable cooking methods like frying, all are some of their tricky manners to provide their customers with pleasurable foods. Seldom can you find a person who does these things to himself at home just for the sake of pleasure.

Secondly, I am not financially solvent enough to handle everyday meals outdoor. Many ~~of~~ costs like labor wages and salaries, residential rents, equipment and even their benefits will ~~be~~ imposed onto the fixed price of a particular food prepared in restaurants that make it multiple ~~rather~~ than compared to that of homemade food. Moreover, whereas one qualified outdoor dish a week affects middle-class people's pockets dramatically at least due to the current economic situation, people will incline toward fast food consumption. ~~No sooner as soon as had~~ anybody surfed the internet on this topic, ~~than~~ he/she encountered ~~sed~~ the uncountable list of determinations of these types of outdoor foods specifically.

To sum up, of course I like to have a meal at food stands occasionally and take advantages of their time saving or delicious tasting or even their pleasant spaces and utilities with which a food comes with some extra facilities as music, but I prefer to eat at home normally, ~~why so~~ inasmuch as, not only does it guaranty my health more but also it saves more money for me.